The Earned Income Tax Credit (EITC) is a fully refundable tax credit available to low- and moderate-income, working Americans. Fully refundable means that if there is a larger tax credit than the amount of taxes owed, the rest is refunded to the taxpayer.\(^1\) The stated purpose of this tax credit is to incentivize individuals to join the workforce and/or increase their hours at work.\(^2\)

The amount of credit an individual is eligible for depends on their filing status (single or married), their income, and their number of dependents. Low-income individuals are eligible for this credit as they begin to earn money. As an individual’s income level rises, the EITC rises along with it until it reaches a certain point and phases back out as income increases.

The EITC is based on Milton Friedman’s theory of the negative income tax credit, which was meant to incentivize working.\(^3\) In 1975, the Ford administration enacted the Tax Reduction Act, which included the EITC.\(^4\) The EITC became a permanent fixture of the tax system a few years later in 1978 and was “considered both an anti-poverty program and an alternative to welfare because it incentivized work.”\(^5\) The tax credit was subsequently expanded by Congress, creating the EITC that exists today. In recent times there has been pressure to expand the credit further, both in 2017, and during the peak years of the COVID-19 pandemic.\(^6\) Although there was a temporary expansion of the Child Tax Credit (CTC), a tax credit available to certain families with children, the EITC has remained unchanged.

Because the EITC is seen as incentivizing work, it is a widely popular policy with bipartisan support.\(^7\) However, at Springboard, residents have experienced firsthand some of the issues with its execution. In addition to not being eligible if a person has been struggling to gain employment, the credit is also not as beneficial to individuals without children or seniors over the age of 65, leaving out individuals who could need it the most. Additionally, there are many residents in Springboard communities who rely on predatory tax agencies that often charge low-income clients for their services, and rarely disclose the taxpayer’s eligibility for EITC or select this option on tax forms.

Kimberly, who works full-time for the state of Mississippi, but still does not make enough to make ends meet, had been getting her taxes done at pop-up tax sites for years. When she learned about VITA (Volunteer Income Tax Assistance) sites, she was finally able to get a full refund including the EITC, which helped provide more cash support for her and her two boys and help meet the basic needs of her family.

The federal EITC is a support to families and when accessed is often used to support food, clothes, and other family needs. While the EITC itself is an important policy, it is also important that policymakers simplify the process and provide enough education to individuals and preparers to ensure all eligible families are able to receive it.

Over 30 states in the country also have state EITC’s to further support working families. Unfortunately, Mississippi is not one of them. When combined with other expanded tax credits, such as federal and state Child Tax Credits, federal and state EITCs help create a system of strengthened cash-based benefits in the social safety net.